

2023 Calendar – The Professional Early Learning Community of Perth County and The City of Stratford

Before and After School Community of Practice with Jamie-Lee Wagler

Belonging, Well-being, Engagement, Expression

First: Wednesday, February 8, 2023, 6:30pm – 8:00pm online MC Teams Session

Second: Wednesday, May 17, 2023, 6:30pm – 8:00pm in person: Stratford Rotary Complex Tim Tylor Lounge, 353 McCarthy Rd, Stratford, ON N5A 7S7

Third: Wednesday, November 8, 2023, 6:30pm – 8:00pm online MC Teams Session

Fourth: Wednesday, January 10, 2024, 6:30pm – 8:00pm online MC Teams Session

Join Jamie- Lee Wagler for an innovative Community of Practice designed as a Reflective Practice for educators who work in Kindergarten and School Age Programs. These programs include Before and After School, Winter Break camp, March Break Camp, PD Days and Summer Camp. We will discuss a variety of topics that are related to these ages' groups including but not limited to play-based/emergent learning in Kindergarten and School Age programs; environmental issues such as working in shared spaces and setting up the environment for success; challenging behaviours; planning for older children; engaging as a team with all centre staff and being a resource for families. The goal is to provide educators with a safe space in an environment that is understanding to the kindergarten and school-age age groups.

Calming the Chaos: A Parent Toolbox of Behaviour Strategies with

Judy Baillie

March 1, 2023, 7:00 pm – 8:30 pm

ONLINE MC TEAMS SESSION for parents, guardians, and families

Parents and caregivers often find that there are just not enough hours in the day for them to cope with everything that they need to do. Work, household chores, cooking, driving here and there and most importantly, taking time to spend with their family, fills up so much of the day so there is no time left over to relax. Added to this stress, if you have a child who demonstrates challenging behaviours like temper tantrums, refusals, hyperactivity, aggression and following family rules, it can feel overwhelming.

In this workshop Judy Baillie will offer you a virtual toolbox describing over 20 behavioural strategies to help CALM THE CHAOS. It has been said that "there is no such thing as a perfect parent". Hopefully this workshop will give you new information and strategies to empower on your journey to

2023 Calendar – The Professional Early Learning Community of Perth County and The City of Stratford

be the parent that you want to be. Participants will receive workshop handouts, the Parent's Toolbox of Supportive Behaviour Strategies Workbook, and a certificate of participation.

Self- Regulation Framework 101 with Crystal Carbino

Belonging, Well-being, Engagement,

April 19, 2023, 6:30 pm – 8:30 pm

ONLINE MC TEAMS SESSION

The early years are a time of extraordinary growth and development. Children’s capacity for self-regulation—how they manage energy expenditure in response to stressors and then recover from the effort—becomes wired during these critical years. Trajectories are set early and once set, can be difficult to change later in life. Anyone concerned with the healthy development of a young child needs to pay close attention to the child’s self- regulation. Unfortunately, self-regulation is often confused with self-control, which leads people to think that effective discipline is key. Behaviour modification techniques and programs designed to instill self-control in young children can have short-term success. However, this approach might also lead to more longer-term problems in mood, attention, and behaviour.

In this session **Crystal Carbino** will introduce us to **Stuart’s Shanker Self-Reg®** process, that is grounded in new science, for developing growth-promoting modes of self-regulation, co-regulation, dealing with stress, and restoring.

If you’ve tried everything as an educator, parent, or service provider to support children, teens and their families, Self-Reg can help. Learn how to read, reframe, and respond to behaviour, strong emotions, dysregulation, and much more. Self-Reg is a pathway to enhancing resilience, motivation, learning, & well-being.



2023 Calendar – The Professional Early Learning Community of Perth County and The City of Stratford

Rainbow Families: Visibility in the Early Years

with Shelley Secret

Belonging, Well-being

May 24, 2023, 6:30pm – 8:00pm

IN PERSON SESSION IN LISTOWEL details on location to follow

As early childhood educators, early learning professionals and parents, we value providing a safe and nurturing learning environment for all children. However, even the most well-intentioned educator might struggle with how to approach 2SLGBTQAI+ families and topics in the classroom. This dynamic and interactive workshop is designed to build the confidence and comfort level of educators seeking to create a more inclusive classroom. We will cover topics such as our early beliefs and how they impact us, appropriate and current terminology and how to creatively use family diversity resources to plant seeds of acceptance.

Exploring the Infant Toddler Environment

with Lisa McDougall and Joanna Osbourne

Engagement

June 7, 2023, 6:30 pm – 8:30 pm

IN PERSON SESSION IN MITCHELL, Arena & Community Centre 191 Wellington St, Mitchell, N0K 1N0,

Join this hands-on session as we look at the WHY in Infant & Toddler play environment areas, including sensory, gross motor, loose parts and more! Build your toolbox of activities through the exploration of provocations and collaboration with your fellow educators.

Note: The room will be set-up just like Lisa and Joanna set-up for children to play, explore and learn! You will be able to experience it yourself and take photos.

2023 Calendar – The Professional Early Learning Community of Perth County and The City of Stratford

Session for Recreational Services and Summer Camps to be determined

June 28th or 29th

All events will be posted on Eventbrite as private; educators will need a direct link or QR code to register. Flyers will be sent out one month prior to the workshop to your Professional Learning Representative. Please check with them for details.

Once registered for a workshop on Eventbrite, registrants will receive a confirmation email from Eventbrite with a link to connect to the session over Microsoft Teams for virtual sessions. Please keep your emails from Eventbrite and/or tickets handy to access the link on the day of the session. It is best to have Microsoft App downloaded onto your device for a better connection.

**Do you have an awesome program or activity ideas that you want to share?
A challenge you are currently trying to work through.**

**Do you have questions or suggestions regarding Professional Learning or
would like to share your talent and lead a learning experience for fellow
educators or children, feel free to contact** Justyna Pyzowska at
JPyzowska@stratford.ca or call 519-271-3773 ext. 6404

Hope to see you there!